



20<sup>th</sup> February 2024

Dear Parents /Carers,

As part of our PSHE curriculum the children in Year 1 will be learning about how to keep themselves safe. To do this, we will be delivering parts of the NSPCC Talk PANTS campaign. This has been specifically created for Primary school children, using fun, engaging and age-appropriate materials.

Talk PANTS centres on five key rules:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

Although we are aware some parents may feel this is a sensitive area to discuss with young children, we feel sharing these messages can be very beneficial in helping you to protect your child. Research from the NSPCC also suggests that the messages are most valuable when taught at a young age.

For more information about the Talk PANTS campaign and materials, please visit [nspcc.org.uk/pants](https://www.nspcc.org.uk/pants). There is a useful guide for parents and carers to read that can be found using the link below;

<https://www.nspcc.org.uk/globalassets/documents/advice-and-info/pants/pants-2018/pants-parents-guide-online.pdf>

We will begin delivering this during this term. If you have any questions or would like to discuss this further, please do not hesitate to contact me.

Kind regards,

Mrs Whelan  
Year One Leader

